



(Kozak photo, n.d.)

active & safe
routes to school

U-Lock It or Lose It!



(BigCommerce, n.d.)

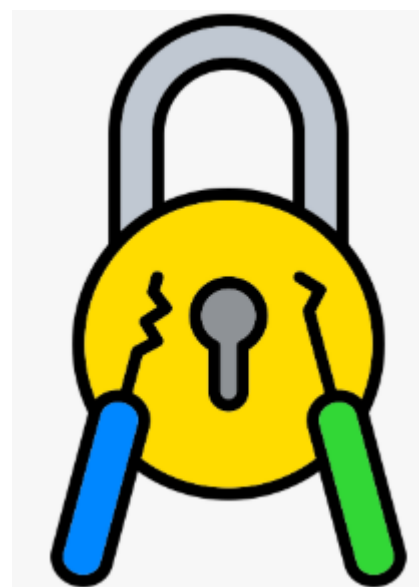


(Gonzales, 2025)

Keeping your bicycle safe from theft.

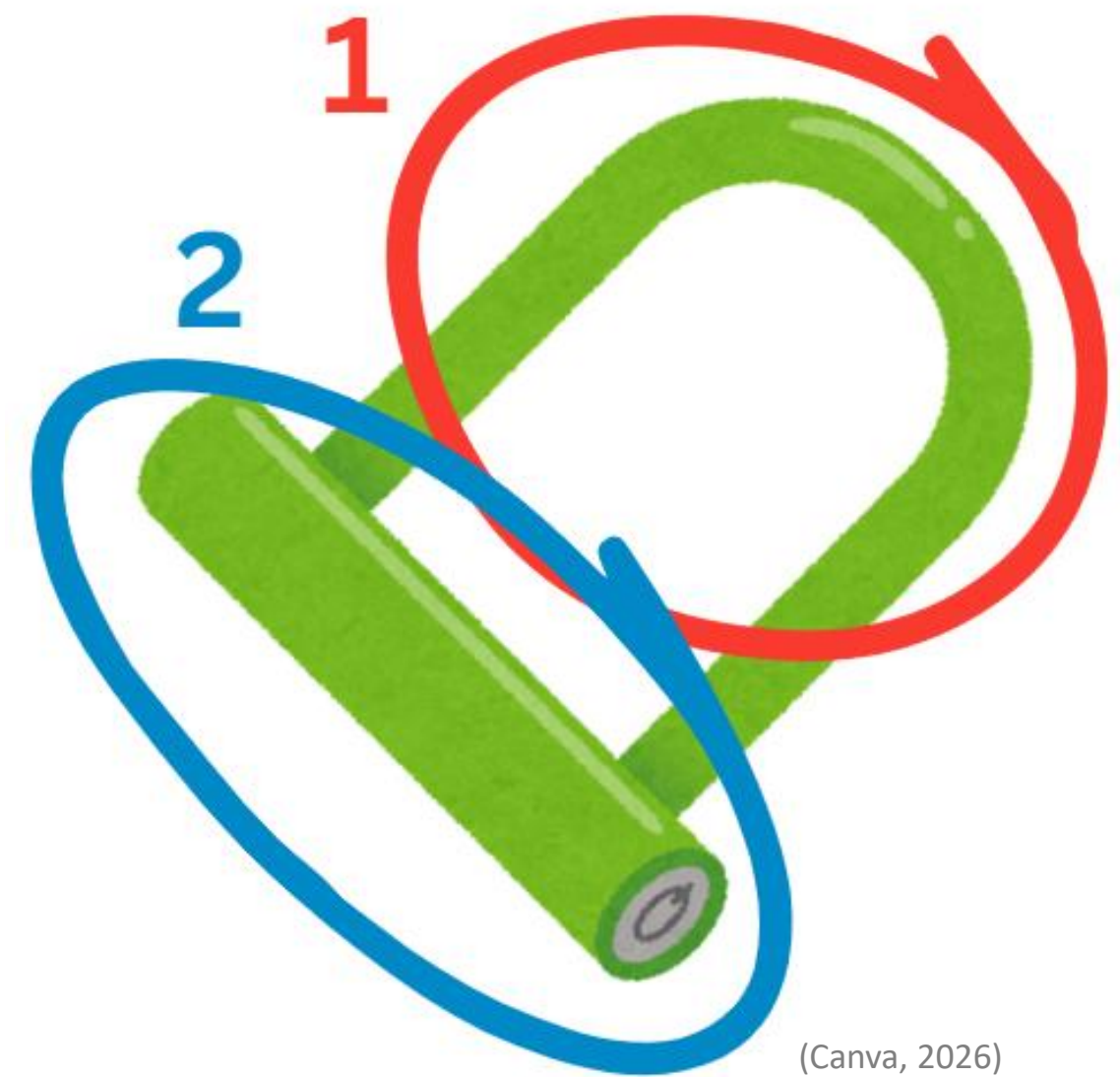
Why is Locking Your Bike Important?

- Bikes can be stolen if they are not locked properly.
- Thieves often look for easy targets.
- A good lock makes stealing much harder.
- Locking your bike protects your money and your transportation.
- It also helps you feel confident leaving your bike.



U-Locks

- A U-lock is a strong lock shaped like the letter “U” and made of hardened metal to resist cutting.
- It has two parts:
 1. The U-shaped metal bar
 2. The crossbar



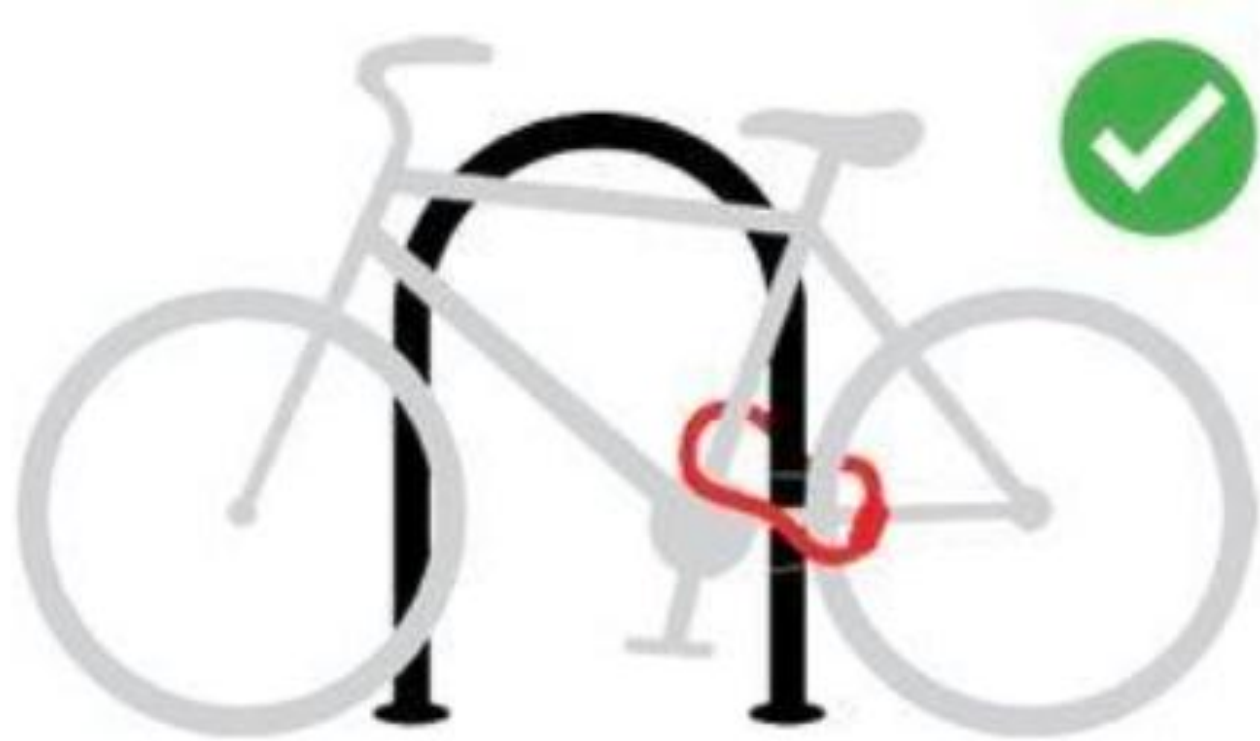
(Canva, 2026)

1. Put U-lock around the bike rack or pole.
2. Then put the U-lock around the bike frame.
3. Wrap U-lock around the **rear** wheel.
4. Close lock and wiggle to ensure it is locked.

Cable Locks

Cable locks are long, flexible, steel cables wrapped in plastic with a lock to connect the two ends together. Improve the security of cable locks with these tips:

1. Wrap the cable around the bike rack or pole first.
2. Then put the cable through the bike frame.
3. If possible, also wrap it through one or both wheels.
4. Pull the cable tight and lock it securely.



(How to lock your bike, n.d.)

U-Locks with a Cable

Using both a U-lock and a cable gives your bike extra protection. Follow these steps:

1. Lock the U-lock around the bike rack and the frame first.
2. Put the **U-lock** through the **rear wheel**.
3. Wrap the **cable** through the **front wheel**.
4. Attach the cable to the U-lock before locking it closed.
5. Keep everything tight and check that both locks are secure.



(How to lock your bike, n.d.)



(Delgado-Ron, 2016)

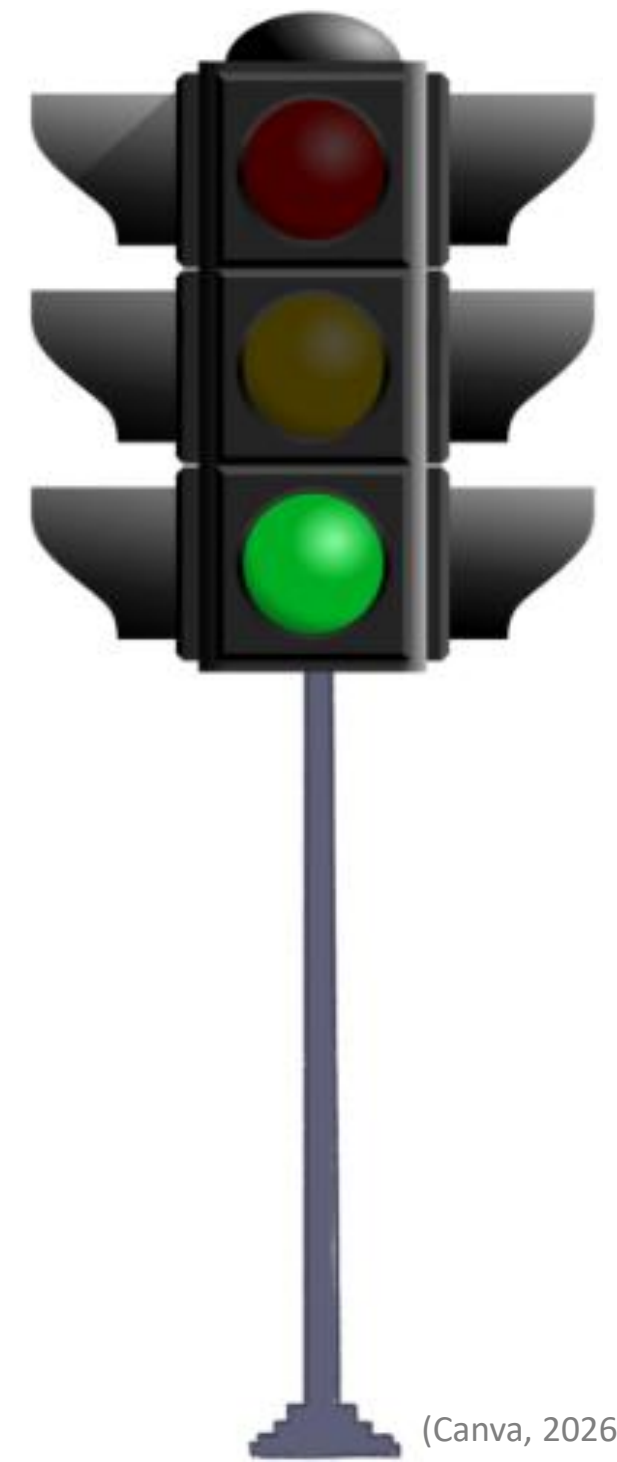
Step 1: Choose a Safe Place to Lock

- Always lock your bike to something fixed and strong.
- Good places include:
 - **Bike racks**
 - **Metal poles**
 - **Bicycle lockers**
- Make sure the object cannot be lifted or broken easily.
- Choose busy, well-lit areas where people can see your bike.



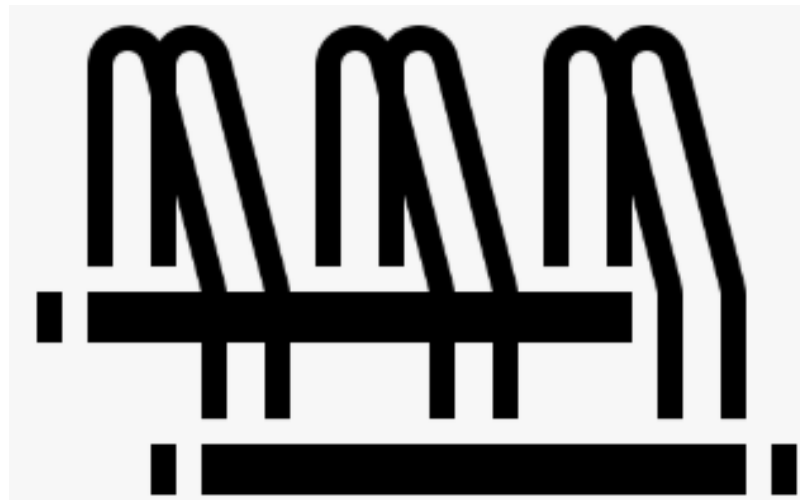
Important: Do Not Lock your Bike to Certain Poles

- Do not lock your bike to street signs, stop signs, or traffic poles.
- Authorities may remove bikes locked in the wrong places.
- Your bike could be taken away if it blocks sidewalks or roads.
- Bike racks are the safest and best place to lock your bike.



Step 2: Lock the Bike Frame to the Bike Rack

- Move your bike close to the bike rack or pole.
- Put the lock around the bike rack first.
- Then put the lock through the bike frame (the main triangle part).
- The frame is the most important part of the bike.
- Locking the frame keeps your bike attached to the rack.



Step 3: Lock the Rear Wheel for Extra Protection

- Put the lock through the **rear wheel** if possible.
- Make sure the lock goes through:
 - The bike rack
 - The frame
 - The rear wheel
- This protects both the bike and the wheel and makes stealing your bike much harder.

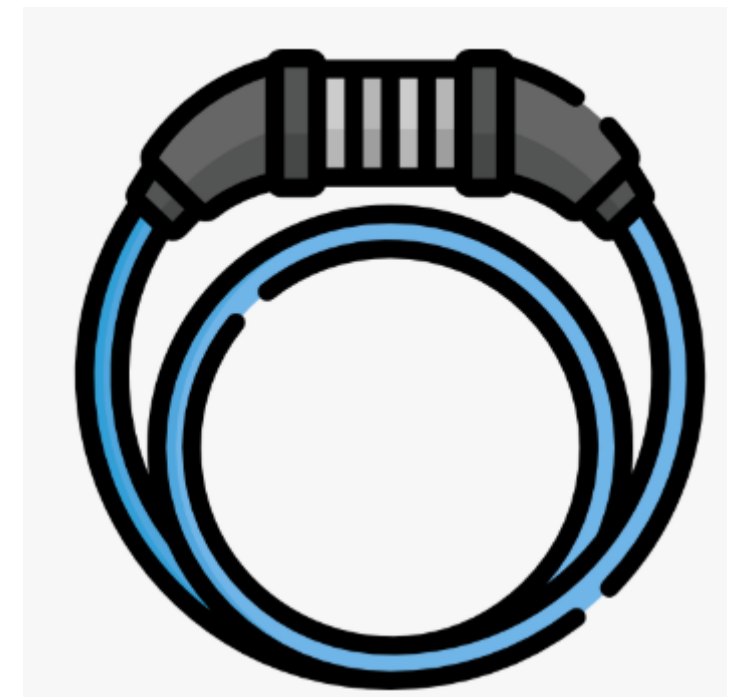


Step 4: Close and Check the Lock

- Make sure the lock is fully closed.
- Remove the key and keep in a safe place.
- Pull on the lock to make sure it is secure.
- If you have a combination lock, be sure to scramble the numbers or letters.



Always double-check before leaving your bike.



Common Mistakes to Avoid

- ✘ Locking only the wheel and not the frame.
- ✘ Forgetting to lock the bike to the bike rack or pole.
- ✘ Locking to weak objects that can be broken or lifted.
- ✘ Leaving too much space inside the lock.
- ✘ Not checking if the lock is fully closed.



Summary: 5 Steps

Follow these steps to keep your bike safe:

1. Find a strong bike rack or pole.
2. Lock the frame to the bike rack.
3. Lock the rear wheel for extra protection.
4. Keep the lock tight with little space.
5. Check your lock before leaving.

Using these steps helps protect your bike from theft.

Thank You!

Have any Questions?

Email: info@activesaferoutes.ca.

Visit: <http://activesaferoutes.ca/>

CREDITS: This presentation template was created by [Slidesgo](#), and includes icons & images by [Flaticon](#), [Canva](#) and [Freepik](#)



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