



### **Read the Road: Signal Simulation**

Students will go on an imaginary ride to school while practicing real bicycle hand signals. As different turns and stops appear in the story, students must quickly demonstrate the correct signal. This fun, movement-based activity reinforces safe communication between cyclists and drivers.

#### **Part 1: Signal Review**

Have students stand beside their desks.

Say: "Before we start riding, let's review our hand signals."

*Demonstrate each signal and have students copy you.*

Left Turn → Left arm straight out to the side.  
Right Turn → Right arm straight out to the side or left arm turned up in a 90° angle.  
Stop → Left arm bent downward at a 90° angle.

Say: "When I say a direction or stop, show the correct signal and hold it for 3 seconds."

Practice quickly:

"Signal left!"  
"Signal right!"  
"Signal stop!"

## Part 2: Guided Story Ride

Tell students: “Everyone put on your imaginary helmets then hop on your imaginary bikes. We are riding to school. Remember to signal BEFORE you turn or stop.”

*Read slowly and dramatically. Pause after each cue.*

### Story Script

“We are going to start pedalling down the street.”

Up ahead, we need to turn LEFT.”

(Pause – students signal left.)

“Great. Keep riding straight.”

“There’s a STOP sign ahead.”

(Pause – students signal stop.)

“We stop, check both ways, and continue riding.”

“At the next corner, we turn RIGHT.”

(Pause – students signal right.)

“We ride straight for a while.”

“Uh oh, the traffic light turns red. We need to STOP.”

(Pause – students signal stop.)

“The light turns green.”

“We ride forward and take one final LEFT turn into the school driveway.”

(Pause – students signal left.)

“And STOP. We made it safely!”

(Pause – students signal stop.)

### Part 3: Speed Round

Say: "Now we're going to ride again but faster!"

Call out quickly:

"Right!"

"Stop!"

"Left!"

"Left!"

"Stop!"

"Right!"

"Stop!"

Students must react immediately and hold each signal briefly.