



SAFETY ANNOUNCEMENTS

Safety and Active Transportation

When you are walking to school there are some smart things that you can do to keep yourself safe. Always walk on the sidewalk. If there isn't a sidewalk always walk on the left hand side of the road. That way drivers coming toward you, can see you.
Get walking and wheeling!

Walking in a group can increase safety because more eyes and ears are paying attention to traffic. If you don't think it's safe to cross the street, stand up for yourself and wait.

Get walking and wheeling!

When biking to school:

- Stop at all intersections and be sure to make eye contact with others using the road - that way, you know they have seen you.
- Use your bell or voice to let others know you are approaching them. Never assume that they can hear or see you.
- Do not ride too fast! Always be prepared to slow down and stop if necessary.

Get walking and wheeling!

Don't forget safety when traveling to school:

- When crossing the street wait until the street is clear – don't take chances
- Make eye contact with any drivers and make sure they can see you
- Watch in all directions as you cross the street

Get walking and wheeling!

Don't forget safety when walking and biking:

- Stop at the curb or side of the road before crossing;
- Look left, then right, then left again; and
- Always listen for traffic.

Get walking and wheeling!

Be Safe Be Seen. An important message to make sure drivers and bikers can see you. Wear reflective tape on your clothing if walking at dusk. Never cross at a dangerous spot - like on a curve in the road or the bottom of a hill. Get walking and wheeling!

When riding your bike it is important to always wear your helmet. But did you know that if you don't wear it correctly, it may not protect you? Be sure to wear it right! Remember 2-V-1! Have the front of the helmet start 2 fingers above your eyebrows, make sure the V straps on the sides surround your ears, and that there is room for ONE finger under the chin strap. Get walking and wheeling!

When walking and wheeling, stay alert and be aware of your surroundings. Wearing earbuds or headphones while walking and wheeling is dangerous. It is important to be alert and hear when traffic is coming. Be safe and get walking and wheeling!