

# Go Green! Travel Clean!

## Why Clean air?



#### Health

Clean air is good for more than just the lungs. It is good for the body, heart, and mind.

#### Environment

Plants, soils, bodies of water are just a few parts of the environment that benefit from clean air.



#### **Student Success**

Clean air is related to better scores on standardized tests and attendance at school.



## Air Pollution by the Numbers

## ACTIVE SCHOOL TRAVEL

## 1000 kg of CO<sub>2</sub>

emissions can be reduced by 9 families walking or wheeling to school throughout the year. That's how much a giraffe weighs!

# SCHOOL BUS

## 100 kg of CO<sub>2</sub>

can be reduced by eliminating 4 short car trips every week. That's how much a giant panda weighs!



#### How can you help?

Students Take the bus and actively travel to the

### **IDLE FREE** FOR THE KIDS

## 120 kg of CO<sub>2</sub>

can be reduced by not idling your car 6 minutes a day for one year. That's how much a **reindeer weighs!** 



### How can you help?

Students Be an anti-idling champion by

#### How can you help?

Students Choose to walk, bike, scooter, or

rollerblade to school. Participate in a physical activity challenge.

#### **Families**

Encourage active transport. Participate in school-led initiatives.

School Communities Get educators and staff involved in active travel. Organize a walking school bus. bus stop. Make the ride fun by playing games with friends along the way.

#### Families

If your child takes the bus, encourage them to ride it. Share a ride with someone else if you cannot ride the bus.

School Communities Promote bus use in the school community. reminding those around you to turn off their engines.

#### Families Turn off your engine when parked.

School Communities Build awareness about the benefits of turning off the engine during drop off and pick up.

# activesaferoutes.ca/climatechange