

Active Travel Picture

Class/Grade: Grade 1-4

ACTIVITY GOAL:

Builds awareness of active school travel and bus travel as it gives a visual representation of what students experience when travelling to school.

CURRICULUM EXPECTATIONS:

Health and Physical Education - Healthy Living

Grade 1: C1.2, C1.4, C2.4

Grade 2: C1.1, C2.3

Grade 3: C1.4, C2.2, C2.3

Grade 4: C2.2

The Arts - Visual Arts

Grade 1-4: D1.1, D1.2, D1.3, D2.3

FOUNDATIONS:

Social and Physical Environments

Student Engagement

Curriculum, Teaching, Learning

LEARNING/LESSON ACTIVITY DESCRIPTION:

Students will draw/paint a picture of their trip to school.

REQUIRED RESOURCES:

Crayons, pencil crayons, markers, wet-paint, paint brush, paper

INSTRUCTIONS:

Setting the Stage

Define and discuss active travel with the students (active transportation is any form of human powered travel such as walking, biking, rollerblading, skateboarding, etc.). Instruct and aid the students in brainstorming benefits of active travel. Benefits of active travel can be found at <http://activesaferoutes.ca/school-travel-plans/benefits-to-stop-and-asrts/>. Specific environmental benefits of active school travel can be found on the poster located on page 9.

Have the students brainstorm things they might see along their trip.

Activity

Provide class time to students to illustrate their trip to school. The medium used to create the image is up to the teacher's discretion, this can be pencil crayons, crayons, markers, paint, etc. On the back of the drawing, have each student indicate how they travel to school, either by walking/cycling, taking the bus, or personal vehicle travel.

Completed Drawings

Observe the drawings and see how do they differ? Are there significant differences between the pictures created by children who regularly walk or ride a bicycle and children who travel to school by car?

ASSESSMENT:

Teachers can decide on how they would like to assess their students.

Students should be able to identify the difference between active travel to school and personal vehicle travel.

ACTIVITY TWEETS

- 1) Painting or drawing adventures to school is what the Active Travel Picture activity is all about! Get your children's best artistic selves to express their adventure getting to school.

NOTES:
