

Active Travel Story

Class/Grade: Grade 5-8

ACTIVITY GOAL:

This activity will build student awareness on active school travel to school and its importance. Furthermore, sharing stories with peers is an effective communication tool to learn about the benefits to active school travel.

CURRICULUM EXPECTATIONS:

Health and Physical Education - Healthy Living

Grade 5: C1.1, C2.2

Grade 6: C1.3, C2.3, C3.1, C3.2

Grade 8: C1.2, C2.2, C2.3

Language-Writing

Grade 5-8: 1.1, 1.2, 2.3, 2.4, 3.4, 3.5

FOUNDATIONS:

Social and Physical Environments

Student Engagement

Curriculum, Teaching, Learning

LEARNING/LESSON ACTIVITY DESCRIPTION:

Students will write a fiction or non-fiction story about active travel to and/or from school.

REQUIRED RESOURCES:

Chalkboard, Whiteboard, Smartboard

INSTRUCTIONS:

Setting the Stage

Define and discuss active travel with the students (active transportation is any form of human powered travel such as walking, biking, rollerblading, skateboarding, etc.). Instruct and aid the students in brainstorming benefits of active travel. Benefits of active travel can be found at <http://activesaferoutes.ca/school-travel-plans/benefits-to-stp-and-asrts/>. Specific environmental benefits of active school travel can be found on the poster located on page 9.

Activity

After brainstorming, instruct the class that they will be writing a narrative story on the topic of active school travel. The length of story is up to the teacher's discretion.

Students will write about "what a day of active travelling to or from school would look like" or if they bus to school, "what a day of walking to their bus stop would look like" (It can be made specific to their journey to or from school or both).

Students are to include in their stories; why they engage in active travel, why it is important and how they could encourage friends and family to participate in active travel.

Sharing Stories

After completing their stories, provide class time for students to share their stories. Students can be divided into groups of 3-4 and share their stories with fellow classmates.

MODIFICATIONS/ACCOMMODATIONS:

Students that do not use active travel are encouraged to use their imagination and creativity to write about what they think active travel would look like if they walked or wheeled from their house. Students that ride the bus to school can choose to write about their walk to the bus stop.

ASSESSMENT:

Teachers can decide on how they would like to assess their students.

Students should be able to clearly identify and explain the reason why they active travel and why it is good for the environment.

ACTIVITY TWEETS

- 1) Like hearing your child's stories? Why not get your child to write about their journey to school with the Active Travel Story activity!
- 2) Its story time! Get ready everyone, it is time to get your child(ren) ready to write out their best active travel story

NOTES:
