

Active Travel Song

Class/Grade: Grade 5-8

ACTIVITY GOAL:

Builds student awareness on clean methods (active school travel, bus travel, no idling) of travel and why it is important (clean air preserves the environment, increases physical health, and improves academic performance).

CURRICULUM EXPECTATIONS:

Health and Physical Education - Healthy Living

Grade 5: C1.1, C2.2

Grade 6: C1.3, C2.3

Grade 8: C1.2, C2.2, C2.3

The Arts - Music

Grade 5-8: C1.1, C1.2, C1.3, C1.4, C2.1

Language - Writing

Grade 5-8: 1.1, 1.2, 2.3, 2.4, 3.4, 3.5

Language - Oral Communication

Grade 5-8: 2.1, 2.2, 2.3, 2.5

FOUNDATIONS:

Social and Physical Environments

Student Engagement

Curriculum, Teaching, Learning

LEARNING/LESSON ACTIVITY DESCRIPTION:

Students will write out a song that can be sung in front of the class or at assemblies/events.

REQUIRED RESOURCES:

Printout of instructions found in the lesson instructions (below)

INSTRUCTIONS:

Setting the Stage

Define and discuss active travel with the students (active transportation is any form of human powered travel such as walking, biking, rollerblading, skateboarding, etc.). Instruct and aid the students in brainstorming benefits of active travel. Benefits of active travel can be found at <http://activesaferoutes.ca/school-travel-plans/benefits-to-stp-and-asrts/>.

Activity

Students will write verses, a transition, and a chorus, counting out the number of syllables to fit the music. You might want to encourage students to write the lyrics so they rhyme. This activity strengthens language use, writing, and creative imagination.

The topic or theme of the song can be about active school travel, taking the bus or practicing no idling.

The verse is usually the “story” of the song. Create two phrases or sentences. Each phrase or sentence needs to have 9 – 14 syllables. A syllable (a word or part of a word) is a short sound that can be said without interruption.

The transition of the song connects the verse to the chorus. Write two phrases, each 10 syllables long.

The chorus is the musical highlight of the song, with a catchy phrase or “hook” that gives the song its title. Most choruses use repetition, so don’t be afraid to use the same phrase more than once in your chorus. Write four 8 – 10 syllable lines.

Class Discussion

After students complete their songs, they can then volunteer to share their songs with the class.

In a class discussion have each student discuss the value message of the song, what is the song saying?

ASSESSMENT:

Teachers can decide on how they would like to assess their students.

Students should be able to clearly identify and explain the reason why they active travel and why it is good for the environment.

ACTIVITY TWEETS

- 1) The Active Travel Song activity is a great way for children to learn how to write a song. Songs will have messages about clean methods of travel. Help your children come up with lyrics and messaging that can benefit them and their classmates!

NOTES:
