

**School Travel Planning:**  
**Presentation Script for handing out Gr 4-8 Online Family Surveys & Consents**

*\*video has been shown prior to presentation\**

Time: 5-10 minutes

Hi everyone!

My name is \_\_\_\_\_ I'm organizing a school travel plan at your school!

Based on the video you watched earlier, do you remember why it would be a good idea to walk or bike to school or walk to the bus stop? *(Below are possible answers and ways you can elaborate on their answer)*

1. Improves physical and mental health.
  - a. More energy
  - b. Fitness –active transportation gets you more active and less time being sedentary
  - c. Time spent outside is good for your mental and emotional wellbeing
2. Improves traffic and safety around school
  - a. With fewer cars, you may feel safer
3. Improves air quality and improves the environment
  - a. Fewer cars = less air pollution
4. Students arrive to school alert and ready to learn
  - a. By getting active early, you are more likely to be wide awake
  - b. More oxygen gets to your brain after physical activity
5. Feels more connected to your community
  - a. Get to know your neighbourhood better

Now, just out of curiosity:

1. How many of you walk or bike to school most days?
2. How many of you walked or biked to school TODAY?
3. How many of you LIKE to walk or bike to school?
4. What might stop you from walking or biking?

For us to find out how to make your journey to school better, we have a survey that your parents can fill out online. To complete it, they just have to go to the website on this page (point to invitation letter). Your parents need to fill out this survey by: **(FAMILY SURVEY DUE DATE)**

If you want to help us out and complete a survey of your own, please have your parents fill out this permission form on the first page of the online parent survey. If they fill out this permission form by **(FAMILY SURVEY DUE DATE)**, you will have the chance to fill out a survey during class time in a couple of weeks. How many of you are interested in filling out the survey!

And to test your memories.... What day do your parents need to complete the survey by?  
Do you have any questions for me?