

WEBSITES

RESOURCES

Local Active & Safe Routes to School

<http://www.activesaferoutes.ca>

Provincial children's cycling guide

<http://www.mto.gov.on.ca/english/safety/cycling/young-cyclist-guide/>

Provincial teen and adult cycling skills guide

<http://www.mto.gov.on.ca/english/pubs/cycling-guide/index.shtml>

Provincial Safe Routes to School site

<http://www.saferoutestoschool.ca/>

Green Communities Canada oversees the provincial Safe Routes to School program

<http://greencommunities.nonprofitwebsites.ca/>

Provincial Road Safety Education links in partnership between the Ministry of Transportation of Ontario (MTO), and the Ontario Physical and Health Education Association (Ophea)

<http://www.ontarioroadsafety.ca>

Bicycle Education for grade 4

<http://www.phecanada.ca/programs/bicycle-safety-guide-ride>

USA Pedestrian and Bicycle Information Center (PBIC) walking school bus guide

http://guide.saferoutesinfo.org/walking_school_bus/index.cfm

Green Communities commitment to walkable communities in Canada

<http://www.canadawalks.ca/>

USA National Center for Safe Routes to School website

<http://www.saferoutesinfo.org/>

London 2012 Bike and Walking Map – City of London

https://www.london.ca/residents/Roads-Transportation/Transportation-Choices/Documents/Bike_Walk_Map_Nov12.pdf

International Walk to School website

<http://www.iwalktoschool.org/>

Haste Hub for Active School Travel – Walking School Bus & Bike Train

<http://www.hastebc.org/resources/walking-school-bus-bicycle-train>

Walk Friendly Ontario

<http://walkfriendly.ca>

Canada Walks

<http://www.canadawalks.ca/>

Active Transportation - Middlesex-London Health Unit

<https://www.healthunit.com/physical-activity-adults-active-transportation>

London Strengthening Neighbourhoods Strategy – City of London

<https://www.london.ca/residents/neighbourhoods/Pages/London-Strengthening-Neighbourhoods-Strategy.aspx>

Oxford County Cycling Information

<http://www.rideoxford.ca/>

City Of Woodstock Cycling Master Plan

http://www.cityofwoodstock.ca/uploads/289/Doc_635285985273537604.pdf

Ingersoll Cycling Map

<http://www.ingersoll.ca/docman/general/240-colour-cycling-map/file>

USA National Center for Safe Routes to School website

<http://www.saferoutesinfo.org/>

Active Elgin – Active Transportation Resources

<http://www.activeelgin.ca>

In Motion

<http://inmotion4life.ca>

RESEARCH

2011 Metrolinx regional study involving Toronto and Hamilton schools and school travel plans

http://www.metrolinx.com/en/projectsandprograms/schooltravel/school_travel.aspx

Ontario government's Action Plan for Health Care Healthy Kids Panel report (2013) to reduce childhood obesity by 20% over next 5 years.

<http://www.health.gov.on.ca/en/public/programs/obesity/>

Canadian Institute of Planners Tools and Guides to Healthy Communities includes: findings from Canadian built environment research (2007 to 2011) on topics of relevance to planning practitioners:

- **Fact Sheet 1:** Active Transportation, Health and Community Design: What is the Canadian evidence saying?

<https://www.cip-icu.ca/Files/Resources/FACTSHEETS-ActiveTransportation-FINALenglish.aspx>

- **Fact Sheet 2:** Active Living, Children and Youth: What is the Canadian evidence saying?

<https://www.cip-icu.ca/Files/Resources/FACTSHEETS-ChildrenYouth-FINALenglish.aspx>

- **Fact Sheet 3:** Health Equity and Community Design: What is the Canadian evidence saying?

<https://www.cip-icu.ca/Files/Resources/FACTSHEETS-Equity-FINALenglish.aspx>

Heart and Stroke Foundation of Canada's information on schools and physical activity

http://www.heartandstroke.ns.ca/site/c.inKMIPNIEiG/b.4537689/k.FEBC/Position_Statements__Schools_and_Physical_Activity.htm

School Travel Planning report - MLHU

<https://www.healthunit.com/reports-no-061-12>

Physical activity guidelines for children and youth (2007), Queen's University, Kingston, ON

<http://www.nrcresearchpress.com/doi/abs/10.1139/H07-109>

Spatial Temporal Environment and Activity Monitoring (STEAM) – Human Environments Analysis Laboratory, Western University, London, ON

<http://steamproject.ca>

City of London Child and Youth Network goals (2008) including their healthy physical activity

<http://londoncyn.ca/wp-content/uploads/2012/07/Child-and-Youth-Agenda.pdf>

MLHU's position paper on Active Transportation (2013), HEALTHY CITY / Active London and submission to ReTHINK London's public input for London's revised Official Plan

<https://www.healthunit.com/physical-activity-adults-active-transportation>

Linking Health and the Built Environment in Rural Settings: Evidence and Recommendations for Planning Healthy Communities in Middlesex County

http://www.middlesex.ca/council/2013/october/8/5%20a%20-%20CC%20-%20Oct%208%20-%20MLHU_Rural%20Report_PRINT.pdf

School Travel Planning: A Children's Mobility Model for Canada

<http://greencommunitiescanada.org/school-travel-planning-a-childrens-mobility-model-for-canada/>

Accessing Barriers to Cycling to School in Ontario: Sept 2011 –June 2012

A collaborative pilot project between Green Communities Canada and Share the Road Cycling Coalition, **Wheeling to School: Assessing Barriers to Cycling to School in Ontario** is an intensive four school pilot that assessed barriers to cycling for elementary school children and for schools that wish to promote cycling as an active travel option in Ontario.

<http://www.saferoutestoschool.ca/sites/default/files/Wheeling%20to%20School-Case%20Study.pdf>

The Costs and Benefits of School Travel Planning Projects in Ontario, Canada

http://metrolinx.com/en/projectsandprograms/schooltravel/school_travel_resources.aspx