

ATTN: PARENTS/GUARDIANS

WANT TO SAVE \$\$ ON GAS?

Have your child WALK or WHEEL to school!

Walking to school doesn't just benefit your child...
It benefits YOU!



“Active Transportation” to School – WALKING & BIKING:

- Improves physical and mental **health**
- Improves traffic and **safety** around your school
- Improves air quality and helps the **environment**
- Students arrive at school alert and ready to **learn**
- Families feel more connected to their **community**

JOIN THE MOVEMENT





OUR SCHOOL JUST STARTED A SCHOOL TRAVEL PLAN!

What does that mean?

- We are now a part of the Active & Safe Routes To School Movement!
- A STP committee will be started – we need parents, teachers, students, and volunteers to get involved to address:
 - Traffic and other transportation challenges face by our school
- We need your help with collecting information about school travel and what we can do to make walking and biking safer and easier for families
- We invite you to be part of the action. Contact _____ for more information



GET ACTIVE! WALK TO SCHOOL!

Simply walking to school everyday can improve your health,
help you focus on your school work and keep you active!



Your School Just Started a **School Travel Plan!**

LOOK for the School Travel Planning (STP) Family & Youth Surveys coming to your school soon!

VOLUNTEER to join the STP committee (parents and students welcome)!

HELP make your school environment safer and healthier!





DADA
Dads Against Dirty Air



Active & Safe Routes to School (ASRTS) can lead to many programs:

Try joining or starting one at your school:

- School Travel Planning
- Wheeling/Walking Wednesday
- Walking School Bus
- Participate in International Walk to School Day
- Spring into Spring
- Anti-idling program
- The iWALK club
- Winter Walk Days



SCHOOL TRAVEL PLANNING & CURRICULUM LINKS

Schools often choose to use the School Travel Plan survey process as a learning opportunity for their students!!



SCHOOL TRAVEL PLANNING & CURRICULUM LINKS

Use the STP for your student's learning benefit!

Senior students may gain much from a practical application of their knowledge when calculating averages, percentages and graphing responses by class and/or school-wide.

SCHOOL TRAVEL PLANNING & CURRICULUM LINKS

Students may enjoy doing their own Walkabout, or mapping out common routes and concerns based on the Family Surveys!

ATTN TEACHERS: Use the School Travel Plans for lessons in your classrooms!

Help make the school community safe and help students be active!



SCHOOL TRAVEL PLANNING & CURRICULUM LINKS

Show off your School Travel Plan!

Students: Create artwork that addresses concerns raised in surveys at your school:

- Traffic – amount and speed
- Vehicles - Idling
- Safety for Walkers and Bikers
- Get more students walking & biking!