

Our school just started a School Travel Plan (STP)! What does this mean? We are now a part of the Active & Safe Routes to School (ASRTS) movement!

ASRTS is community partners working together to promote and sustain programs that encourage children and families to choose active transportation. **Active Transportation** is any form of human powered travel such as **walking, biking, rollerblading, skateboarding, etc.** and can help to...

- Improve physical and mental health
- Improve traffic and safety around your school
- Improve air quality and help the environment
- Have students arrive at school alert and ready to learn
- Feel more connected to your community

We want to find out what concerns you and your child(ren) have about the journey to and from our school through surveys.

#### **Family Survey**

- Will be sent home with children FDK – Grade 8
- Please complete one survey for each child as their travel to and from school may be different
- **Family Surveys** and **Consent Forms** must be returned to school by

#### **Youth Surveys (Grades 4 – 8)**

- **Consent Forms** will be sent home with **Family Surveys**; please sign and returned to school by
- **Youth Survey** will be done during class time **for students with returned signed consent** (~20 minutes)

The results of these surveys will be shared with the school community to create an **Action Plan** to encourage students to use active transportation to and from school.

Thank you in advance for your interest and participation in our School Travel Plan. For more information about School Travel Plans, or to join our STP committee, please contact your school facilitator