



SCHOOL ASSEMBLY IDEAS

Note: Confirm messages and videos align with your school board's policies, school's values and purpose of assembly prior to use

VIDEOS

- **Introduce iWALK day:** <https://www.youtube.com/watch?v=H1goJira79g>
- **Stepping it up:** Kids say walking to school is healthy, fun, and good for the environment.
https://www.youtube.com/watch?v=r59_rzKuAMA
- **Walking School Bus:** use this video to encourage students to travel to/from school with their peers.
<https://www.youtube.com/watch?v=XWYQqCExoqE>
- **Walk to school – safe is cool.**
 - Be aware of the edges!
<https://www.youtube.com/watch?v=Zo8XONdbTwc>
 - Lesson on being seen while walking:
<https://www.youtube.com/watch?v=mtj67cM6Yfl>
- **Lets go walking!**
 - Lesson 1: walking safely near traffic
<https://www.youtube.com/watch?v=2H1iEAK-9Rg>
 - Lesson 2: crossing the street safely
https://www.youtube.com/watch?v=_jCpBH5zehI
 - Lesson 3: Crossing Intersections Safely
<https://www.youtube.com/watch?v=bQVcdaW2TuY>

GET CREATIVE : MAKE YOUR OWN VIDEO OR SKIT FOR YOUR NEXT ASSEMBLY!

- With the help of a group of students, interview students in your school to learn what they think about active transportation (walking and wheeling) to and from school. Here are some sample questions:
 - How would you describe active transportation?
 - How do you get to school everyday?
 - Who do you travel with?
 - What do you like about walking and wheeling to/from school?
 - What are the benefits of walking & wheeling to school?
 - Why should other students choose to walk or wheel to/from school?

- What safety tips could you give to other students walking or wheeling to/from school?
- Create a video/skit on pedestrian & bike safety. Things you could include:
 - Use props like bikes & cycling equipment (helmets, wrist guards etc.) and demonstrate how to properly wear safety gear
 - Act out scenarios to teach students how to make safe choices to avoid collisions when traveling to/from school (i.e. lessons on how to cross the street at a busy intersection)
 - Using appropriate clothing, go through the process of how to best dress throughout the year to walk to school. Don't forget reflective clothing for travel at dusk!
- Choreograph your own "Ped Safety Dance". Here are some samples:
 - <https://www.youtube.com/watch?v=ltZI3qvQEuc>
 - <https://www.youtube.com/watch?v=50md44D1g3g>
 - <https://www.youtube.com/watch?v=mH5XWUau268>
- Get teachers and staff involved! Have the adults dress up, ride bikes and/or be interviewed by students.

INVITE A GUEST!

- Invite a local celebrity to talk about pedestrian safety and/or the importance of physical activity!
- Arrange for a police officer to make a presentation on road safety when walking and wheeling to school.
- Invite your local city or municipal Councillor or politician to talk about what walking to school means to them – consider having a meet and greet between them and parents after the assembly!