

# Announcements

## **Announcements for the Active Travel Passport Activity**

Hey (*School Mascots*), this month is International Walk to school month. To celebrate, we are hosting a competition! Complete your Active Travel Passport on your way to and from school every day for the month of October, to see how much you walk, bus or are a champion for no idling! Let's go everyone! Go Green. Travel Clean!

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How did you get to school this morning? If you can walk to school or take the school bus, not only are you making a healthy choice, but you're also helping our environment. If you must drive, make sure your parents turn off their car instead of idle. Track your travel to and from school with your Active Travel Passport. Go Green, Travel Clean!

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Did you know walking or wheeling to school or your bus stop helps your body feel good and helps the Earth feel good? Do your part this month and use the Active Travel Passport to track your travel to and from school. Go Green, Travel Clean!

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Good day (*School Mascots*), thank you to everyone who participated in the Active Travel Passport activity this month. Even though October is ending, consider active travel throughout the school year. Walking or wheeling to school or walking to your bus is good for your health and our environment. Go Green, Travel clean!

# Newsletter Inserts

Newsletter for September with link to passport

## “Active Transportation” to School – WALKING & BIKING:

- Improves physical and mental **health**
- Improves traffic and **safety** around your school
- Improves air quality and helps the **environment**
- Students arrive at school alert and ready to **learn**
- Families feel more connected to their **community**

PARENTS: Need motivation to *Go Green!* **Travel Clean!**  
during iWalk month this October?

Print out an active travel passport for your children and  
track with them their travel to and from school!

<http://activesaferoutes.ca/climatechange/>



## October is iWalk month: *Go Green!* Travel Clean!

- Walk or wheel with your children to school.
- Encourage your children to walk or wheel to the bus stop.
- If you must drive, turn off your car when parked, instead of idling.

**Track the healthy ways you are getting to and from school!  
Click on the link to download your own active travel  
passport.**

**<http://activesaferoutes.ca/climatechange/>**

