




Tweets

Timeframe: August 20 – October 31, 2018

iWalk Day: October 3rd, 2018

Week of August 20-26	Walking or wheeling to school helps our environment. Practice the route with your children & watch this video https://youtu.be/mL0TzMtQClw @LDCSB @TVDSB @TheHEALab #gogreentravelclean
Week of August 27- September 2	Ready for school? School supplies ✓ Healthy lunch packed ✓ Active route to school planned ✓ #WALKtoschool #WALKtothebus #gogreentravelclean @LDCSB @TVDSB @TheHEALab 
Week of September 3-9	Welcome back to school! Start your year off on the right foot...literally. Walking to your school or bus stop is good for your body, good for the Earth, and good for your grades. @LDCSB @TVDSB #gogreentravelclean #elmoarts @CanadaWalks 

Week of September 10-16	Want your children to walk and wheel this school year? Review these 11 safety tips http://activesaferoutes.ca/resources/safety-tips/ #gogreentravelclean #elmoasrts @tvdsb @ldcsb
Week of September 17-23	Go Green! Travel Clean! A new campaign to promote cleaner air! Children using active travel or taking the school bus, and parents avoiding idling their cars reduces air pollution. #gogreentravelclean @mybigyellowbus @LondonEnviroNet @TheHEALab
Week of September 24-30	Walking or wheeling to school can help your child get their 60 minutes of recommended daily physical activity. Watch this video for more ideas https://youtu.be/YFYXhDYPpSQ @inmotion4Life @ActiveMiddlesex #gogreentravelclean #walktoschool #iwalk #rideyourbike
Week of October 1-7 Theme: Go Green! Travel Clean!	This Wednesday, students around the world will be walking or wheeling to school or their bus stop for #iWalk to school day. Will you? Take a picture of your active travel, tweet it with the hashtag #gogreentravelclean #elmoasrts
October 3rd	Happy #iWalk day! Don't forget to snap some pics of your walk or wheel to school or bus stop. Tweet and tag @mlhealthunit @theHEALab #gogreentravelclean #elmoasrts
Week of October 8th Theme: Walk to school	<ol style="list-style-type: none"> 1) 1000 kilograms of CO2 emissions can be reduced by 9 families walking to school throughout the year. Walk or wheel today for cleaner air tomorrow. #gogreentravelclean #iwalk @tvdsb @ldcsb @theHEALab 2) Be a clean air champion. Encourage and participate in active travel with your children and school community. Be a role model! #gogreentravelclean @tvdsb @ldcsb #elmoasrts
Week of October 15th Theme: Ride the Bus	<ol style="list-style-type: none"> 1) 100 kilograms of CO2 emissions can be reduced by eliminating 4 short car trips every week. An easy way to do this is by having students ride the school bus instead of being driven by parents.#gogreentravelclean @mybigyellowbus @tvdsb @ldcsb http://activesaferoutes.ca/ 2) Be a clean air champion. Encourage bus riders to ride the school bus or share rides with someone else #gogreentravelclean @mybigyellowbus @tvdsb @ldcsb

<p>Week of October 22nd Theme: Be Idle Free</p>	<p>1) 120 kilograms of CO2 emissions can be reduced by avoiding idling your car 66 minutes a day for 1 year. #gogreentravelclean</p>  <p>2) Be a clean air champion! For cleaner air around your school community, turn off your engines when parked. #gogreentravelclean #elmoasrts @Transport_gc @tvdsb @ldcsb</p>
<p>Week of October 31st</p>	<p>Even though iWalk month is ending, continue to #gogreentravelclean . Consider making Walk & Wheel Wednesdays to School part of your weekly routine. For ideas to keep it going, visit http://activesaferoutes.ca/resources/walking-and-wheeling-campaign-resources/ @tvdsb @ldcsb @TheHEALab</p>