Why Clean air?

Health
Clean air is good for more than just the lungs. It is good for the body, heart, and mind.

Environment
Plants, soils, bodies of water are just a few parts of the environment that benefit from clean air.

Student Success
Clean air is related to better scores on standardized tests and attendance at school.

Air Pollution by the Numbers

**ACTIVE SCHOOL TRAVEL**
1000 kg of CO₂ emissions can be reduced by 9 families walking or wheeling to school throughout the year. That’s how much a giraffe weighs!

**TAKEN THE SCHOOL BUS**
100 kg of CO₂ can be reduced by eliminating 4 short car trips every week. That’s how much a giant panda weighs!

**IDLE FREE FOR THE KIDS**
120 kg of CO₂ can be reduced by not idling your car 6 minutes a day for one year. That’s how much a reindeer weighs!

How can you help?

**Students**
Choose to walk, bike, scooter, or rollerblade to school. Participate in a physical activity challenge.

**Families**
Encourage active transport. Participate in school-led initiatives.

**School Communities**
Get educators and staff involved in active travel. Organize a walking school bus.

**Students**
Take the bus and actively travel to the bus stop. Make the ride fun by playing games with friends along the way.

**Families**
If your child takes the bus, encourage them to ride it. Share a ride with someone else if you cannot ride the bus.

**School Communities**
Promote bus use in the school community.

**Students**
Be an anti-idling champion by reminding those around you to turn off their engines.

**Families**
Turn off your engine when parked.

**School Communities**
Build awareness about the benefits of turning off the engine during drop off and pick up.

activesaferoutes.ca/climatechange